

Lunchtime Inservice

“You're Not Crazy, It's Your Hormones”

In this educational forum, participants will:

- Learn what your hormones are actually doing
- Discuss why PMS is common but not normal
- Discover how to ride the wave of Perimenopause and not wipe out
- Review Hormone Therapy: "The Good, the Bad and the Ugly"



Friday June 11th, from Noon to 1 PM
Sharp Memorial Outpatient Pavilion
Classrooms A & B, Lobby Level

Presented by Dr. Brooke Leverone, ND
Naturopathic Doctor

Dr. Brook Leverone is a California licensed Naturopathic Doctor specializing in hormone balancing and bioidentical hormone replacement therapy. At her La Jolla based practice she helps patients revitalize their health and rebalance their hormones. She lectures throughout San Diego to educate the public about how hormones impact their health.

[Join Microsoft Teams Meeting](#)

[+1 858-573-1718](tel:+18585731718) United States, San Diego (Toll) Conference ID: 731 424 934#

For more information, call 858-939-5356

*In the classroom, masks are required by everyone, seating is limited

***RSVP required, thank you!** This inservice will be live, recorded & made available *virtually* via “Microsoft Teams.” Please see link above.

Sharp Memorial Outpatient Pavilion
3075 Health Center Dr., San Diego